

ATTENTION CLINICIANS

STI & HIV PARTNER SERVICES

Partner notification, testing, and treatment are crucial for STI and HIV prevention and control. Reviewing all options with your patients is encouraged.



**ALBUQUERQUE AREA SOUTHWEST
TRIBAL EPIDEMIOLOGY CENTER**

**I know partner testing
& treatment are
important but when
patients are diagnosed
with STIs what do I
do?**



FIRST

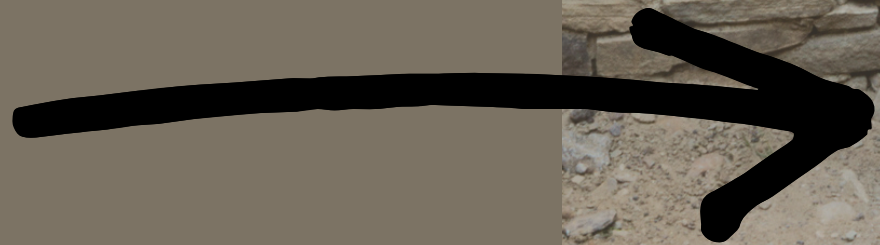
It is important that patients feel supported in this process. Assumptions and judgments regarding an individual's gender identity, orientation, sexual behaviors, or partner notification decisions should be avoided.

SECOND

You and your patients have options.

The STI(s) and clinic/hospital specific protocols and procedures will help determine the appropriate course of action.

swipe to learn more



PATIENT-INITIATED REFERRAL

Encourage the patient to contact their partners by phone, text, email, or in person.

Tellyourpartner.org

is an online tool that sends an anonymous text message to partners encouraging them to seek testing and treatment. No names are used in this process.

CLINICIAN-INITIATED REFERRAL

The patient can authorize you to contact partners with them or independently, while maintaining patient confidentiality.

Contact your local or state health department for advice regarding partner notification in suspected/confirmed partner violence situations.

3 PUBLIC HEALTH OFFICIAL-INITIATED REFERRAL

In most cases, for reportable diseases, state or local health departments will contact the patient and their partner(s) for case investigation.

Most departments also connect partners to testing and treatment.

Additionally, [**iwanthekit.org**](https://www.iwanthekit.org) is a free and confidential at-home STI testing resource.

FOR MORE INFORMATION

VISIT OUR WEBSITE (WWW.AASTEC.NET) TO SEE THE FULL DOWNLOADABLE RESOURCE SHEET



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PARTNER NOTIFICATION OPTIONS

- **Patient-Initiated Referral**
 - Encourage the patient to contact their partners by phone, text, or email.
- **Online Anonymous Notification Tools**
 - Tellyourpartner.org is an online tool that sends an anonymous text message to partners encouraging them to seek testing and treatment. No names are used in this process.
- **Clinician-Initiated Referral**
 - The patient can authorize you to contact partners with them or independently, while maintaining patient confidentiality.
 - Contact your local or state health department for advice regarding partner notification in suspected/confirmed partner violence situations.
- **Public Health Official-Initiated Referral**
 - Patients can authorize public health officials to confidentially notify partners and connect them to testing and treatment services.

For free and confidential at-home STI tests, visit:

iwantthekit.org

Patients can authorize I Want the Kit to notify you of their test results. To facilitate this, be sure patients have your full name.

PARTNER TREATMENT

- If a partner of the patient is unable or unlikely to seek testing and treatment, expedited partner therapy (EPT) may be a suitable option. EPT is the practice of prescribing medication to treat the sex partner(s) of patients diagnosed with chlamydia or gonorrhea without examining the partner(s) directly.
- Shared-decision making regarding EPT is recommended due to increased risk of coinfection with other STIs.²

References:

1. The toolkit for technology-based partner services for Public Health. Centers for Disease Control and Prevention. Accessed November 5, 2024. <https://www.cdc.gov/std/ips/php/index.html>.
2. Gonococcal infections among adolescents and adults - STI treatment guidelines. Centers for Disease Control and Prevention. September 21, 2022. Accessed November 5, 2024. <https://www.cdc.gov/std/treatment-guidelines/gonorrhea-adults.htm>.



**TOGETHER WE
CAN HELP
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SAFE &
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